

Instructions For Use: NovaTears® + Omega-3 Eye Drops, 3mL

Instructions for use

Please read the instruction carefully because it contains important information for you.

Keep this leaflet. You may need to read it again. If you need more information or advice, please consult either your doctor or a pharmacist. You must contact a doctor if your symptoms worsen or do not improve.

NovaTears® + Omega-3

Stabilises the lipid layer of the tear film, lubricates and protects the eye surface and relieves the symptoms associated with dry eye.

Sterile, preservative-free eye drops, containing Perfluorohexyloctane (EyeSol™, 100% v/v) with 0.2% Omega-3 fatty acids.

What is NovaTears® +Omega-3 and what is it used for?

NovaTears® +Omega-3 is a water-free, clear, colourless eye drop liquid which is free of antimicrobial preservatives and does not contain phosphate. Each clear, round 5 mL polypropylene bottle contains either 1 mL or 3 mL NovaTears® +Omega-3.

NovaTears® +Omega-3 contains Perfluorohexyloctane (EyeSol™) with 0.2% Omega-3 fatty acids, ethyl esters (DHA-ethylester and/or EPA-ethylester), liquid parafin, butylhydroxyanisole (BHA) and butylhydroxytoluene (BHT). NovaTears® +Omega-3 can be used by vegans.

NovaTears® +Omega-3 ophthalmic solution eye drops relieve the symptoms associated with dry eye by lubricating and protecting the corneal surface, stabilizing the lipid layer of the tear film and reducing the evaporation of the underlying water phase of the tear film.

NovaTears® +Omega-3 drops are intended for topical use in the eye only.

What you need to consider before applying NovaTears® +Omega-3?

Do not use NovaTears® +Omega-3 if you are hypersensitive (allergic) to one of the ingredients listed above.

NovaTears® +Omega-3 is supplied as a sterile liquid; it should not be used if the packaging shows signs of tampering. Do not use after expiry date printed on the pack. Do not use NovaTears® +Omega-3 if first opened 8 weeks ago or longer.

Take special care with the use of NovaTears® +Omega-3 if you are concurrently using another eye medication. Allow at least 15 minutes between using the other product and NovaTears® +Omega-3.

NovaTears® +Omega-3 should not be used if you wear contact lenses due to the lack of data concerning the compatibility of NovaTears® +Omega-3 with the contact lens materials.

NovaTears® +Omega-3 drops are intended for topical use in the eye only. Do not drink the liquid.

Children:

NovaTears® +Omega-3 should not be used in children under 18 years.

Pregnant and breast-feeding women:

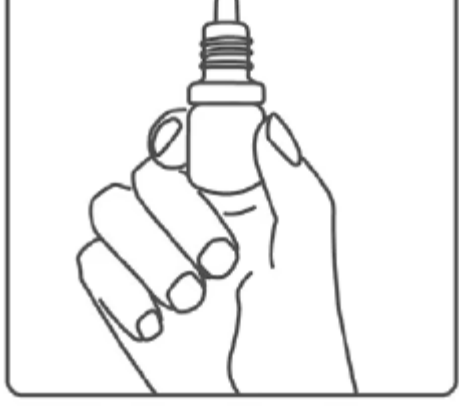
NovaTears® +Omega-3 is not recommended for use in pregnant or breast-feeding women due to a lack of data on safety.

How to use NovaTears® +Omega-3?

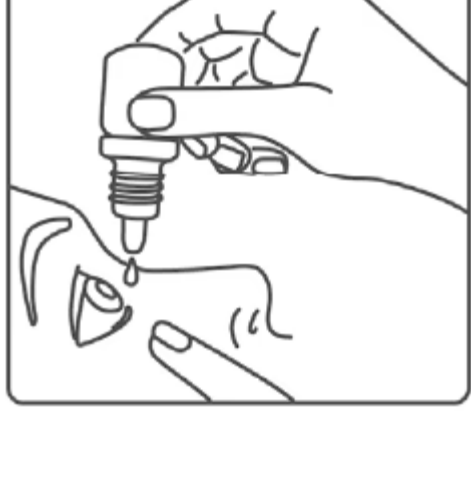
Unless your physician recommends otherwise, administer 1 drop up to 4 times daily in the lower eyelid.

Read and follow these instructions carefully.

1. Wash your hands well with soap and water.
2. Unscrew the cap of the bottle.
3. Prior to the first administration of NovaTears® +Omega-3 you must separate the cap from the safety seal ring below the cap and remove it.
4. Avoid any contact of the dropper with the skin, eye, and eyelashes, after removing the cap.
5. To avoid loss of eye drop solution please read steps 6 to 8 before you continue.
6. Hold the opened bottle with the dropper pointing upwards and gently press the bottle between thumb and index finger.



7. Keep the bottle under slight pressure and turn the bottle until the dropper points downwards.
8. With the dropper pointing downwards reduce the pressure on the bottle to allow some air to flow into the bottle.
9. Lean your head back slightly and carefully pull down your lower eyelid. Look upwards.
10. Hold the opened bottle with the dropper pointing downwards above your eye. Apply gentle pressure on the bottle and administer 1 drop per eye.



Note: Due to the special properties of NovaTears® +Omega-3 you may not feel the drop falling into your eye. We recommend application in front of a mirror.

11. Do not touch the dropper with your eye or lashes.
12. For an even distribution, close your eyes after applying NovaTears® +Omega-3. Do not blink or rub your eye.
13. Put the screw cap back on after administration.
14. Wash your hands again with soap and water to remove any residue.

Discard NovaTears® +Omega-3 bottle 8 weeks after first opening.

Possible side effects of NovaTears® +Omega-3

Signs of temporary ocular irritation (like a burning or itching sensation in the eyes or eye redness) and temporary blurred vision are potential side effects after the application of NovaTears® +Omega-3. If you experience these effects stop the treatment and seek advice at your doctor or pharmacist.

If too much NovaTears® +Omega-3 is used

You should only use NovaTears® +Omega-3 as directed.

Immediately contact your doctor, pharmacist, or phone the Poisons Information Centre in Australia (13 11 26) or the National Poisons Information Centre in New Zealand (0800 POISON or 0800 764 766) or go to the Emergency department at your nearest hospital, if you think that you may have used too much, or if anyone else has taken any NovaTears® +Omega-3 by mistake. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention. Take the pack of NovaTears® +Omega-3 with if you can.

Keep the telephone numbers for these places handy.

How to store NovaTears® +Omega-3?

Store below 25 °C.

NovaTears® +Omega-3 can be used for 8 weeks after first opening.

Keep out of the reach and sight of children.

If you want to know more

If you have any questions regarding this product talk to your doctor, pharmacist, ophthalmologist, optometrist, or other health professionals.

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New Zealand:

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EyeSol™ is a registered trademark of Novaliq for Perfluorohexyloctane.

